



**Sarah Noll Wilson**

*Chief Edge Officer*

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Sarah works with entry level employees to C-Suite executives who are ready to move from good to great. Sarah creates a safe, but unreservedly honest environment, preparing leaders to deal with real-world conflict, have more meaningful conversations, create purposeful relationships and develop adaptable workplaces. By blending principles from neuroscience, Adaptive Leadership, Conversational Intelligence, Appreciative Inquiry, Mindfulness, and improv, she helps people learn how to show up for life and find the best version of themselves. Her style has been described as “teaching from the soul.” Sarah is eager to help others have fun while doing the serious work to uncover self-awareness, make intentional choices, and co-create more meaningful relationships.

Sarah holds a Master’s Degree from Drake University specializing in Leadership Development and a BA from the University of Northern Iowa. In addition to speaking, coaching, and consulting, Sarah is also an adjunct professor at Drake University where she teaches graduate classes on leadership development and a guest lecturer at the University of Northern Iowa. She is a Certified Leadership and Conversational Intelligence Coach.