



Tom Aydelott

Chief Instruction

C.O.B.R.A Self-Defense Iowa

Phone: 727-542-7894

Email: umafnorth@hotmail.com

Tom was born and raised in St. Petersburg, Florida, and attended the University of Florida. After graduation, Tom found a home in the Lighting and Production industry where he thrived for over 10 years. After meeting Chris Sutton, the founder of COBRA Self Defense, Tom trained to become a Self Defense Instructor, eventually becoming the Chief Instructor for the Global Brand. Tom holds Black Belts in the COBRA FIGHTING SYSTEM and in UMA. With a passion for teaching and wanting to help people learn to protect themselves, Tom has found his lifetime profession.