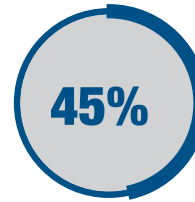




EFR EMPLOYEE & FAMILY RESOURCES

Mental Health Matters

1 in 5 people suffer from mental illness; approximately **57.7 million Americans every year.**



Nearly half of people with a mental illness have a **co-occurring substance abuse disorder.**

Nearly 60%

of American adults with a mental illness **DO NOT** receive treatment.

50%

of all lifetime cases of mental illness begin by age 14 and **75% by age 24.**



Depression is the leading cause of disability worldwide, and is a major contributor to the global burden of disease.

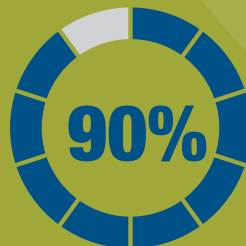


16 Million

6.9% (16 Million) of American adults **live with major depression.**

42 Million

18.1% (42 million) of American adults **live with anxiety disorders.**



Suicide

90% of people who die by suicide have an underlying mental illness. **Suicide is the 10th leading cause of death in the U.S.**

\$193.2 Billion

Serious mental illness costs America **\$193.2 Billion** in lost earning **every year.**

To learn more about supporting your employees with a full service EAP contact:

877.883.1387

