



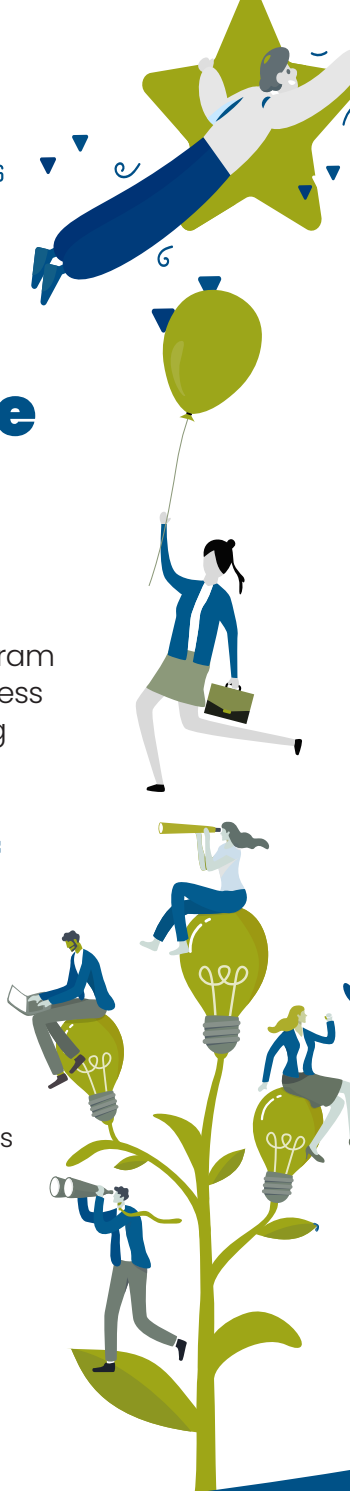
EFR EMPLOYEE & FAMILY RESOURCES

EAP Employee Assistance Program

Since 1975, our full-service Employee Assistance Program (EAP) has enhanced business performance by prioritizing employee well-being.

EFR offers a full suite of services including:

- 24/7/365 Phone Support
- Counseling Services
- Life Coaching
- Legal Consultation
- Financial Consultation
- Child/Eldercare Resources
- Crisis Response
- Management Consultation/Referral
- Wellness Benefits
- Workplace Training
- Leadership Coaching
- Mediation
- Identity Theft Assistance



Life Happens. We're Here to Help.

We're more than an EAP provider – we're your partner

As your strategic ally, we go beyond implementing benefits, working closely with you to understand your workforce's needs to build a culture of well-being.



Diverse Needs, Customized Support:

EFR's EAP offers a broad scope of professional resources covering each dimension of well-being, providing targeted support for life's circumstances.



Simple and Timely Access:

We leverage technology to enhance, not replace, human connection, ensuring accessible, personalized support for every individual.



Organizational Impact:

We integrate employee benefits, leadership resources, and organizational tools to create a cohesive well-being strategy that aligns all levels of your business.



Strategic Partnership:

Your Account Manager is a strategic partner, offering continuous personal and digital support, along with tailored recommendations, to ensure your benefits are fully utilized—driving higher engagement and better outcomes for your workforce.

Partner with EFR today!

Employee and Family Resources:
505 5th Ave. Suite 600, Des Moines, IA 50309



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